



Principal Dental Health Edge

Online Dental Health Resources

Principal Life Insurance Company has taken dramatic steps to enhance our group dental portfolio. One of those enhancements includes the Principal Dental Health EdgeSM available on www.principal.com. The Principal Dental Health Edge is a consumer dental health site providing access to the resources needed to make informed decisions about oral health.

Members have quick and easy access to these tools:

Comprehensive dental information – Browse topics ranging from prevention and treatment to dental care for infants through seniors. The Principal Dental Health Edge has quality information and tools needed to better oral and overall health.

Find a dentist – Find network and other credentialed providers, ensuring access to quality providers and cost-effective dental care.

Ask a dentist – Ask Dentistat-certified dentists detailed questions regarding oral health care.

Risk assessments – Assess your risks for certain dental health conditions and learn how to minimize those risks.

Dental Cost Estimator (secured) – Members can use the Dental Cost Estimator tool to find approximate costs for a variety of dental procedures in their specific ZIP code.

The importance of being informed

In recent years, medical evidence has mounted showing a relationship between an individual's oral health and the condition of their overall health. Research has shown a strong correlation between dental disease and heart disease, diabetes, respiratory ailments, pregnancy, and cancer.

Preventive dental care and regular checkups not only detect teeth and gum problems, they can prevent other diseases before they become serious, costly health issues. The Dental Health Edge allows members to make informed decisions about their oral health while ultimately improving their overall health.

Where to find the Principal Dental Health Edge

The Principal Dental Health Edge is accessible via www.principal.com.

FOR EMPLOYERS	FOR EMPLOYEES
Click "For Individuals"	Click "Login" under the Principal Financial Group® logo
Click the "Health" link under the "For Individuals" tab	Choose your login type and input your Username and Password
Click "Principal Dental Health Edge" in the Resources section	Click the "Health" tab
	Under Quick Links, click "Principal Dental Health Edge"



WE'LL GIVE YOU AN EDGESM

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